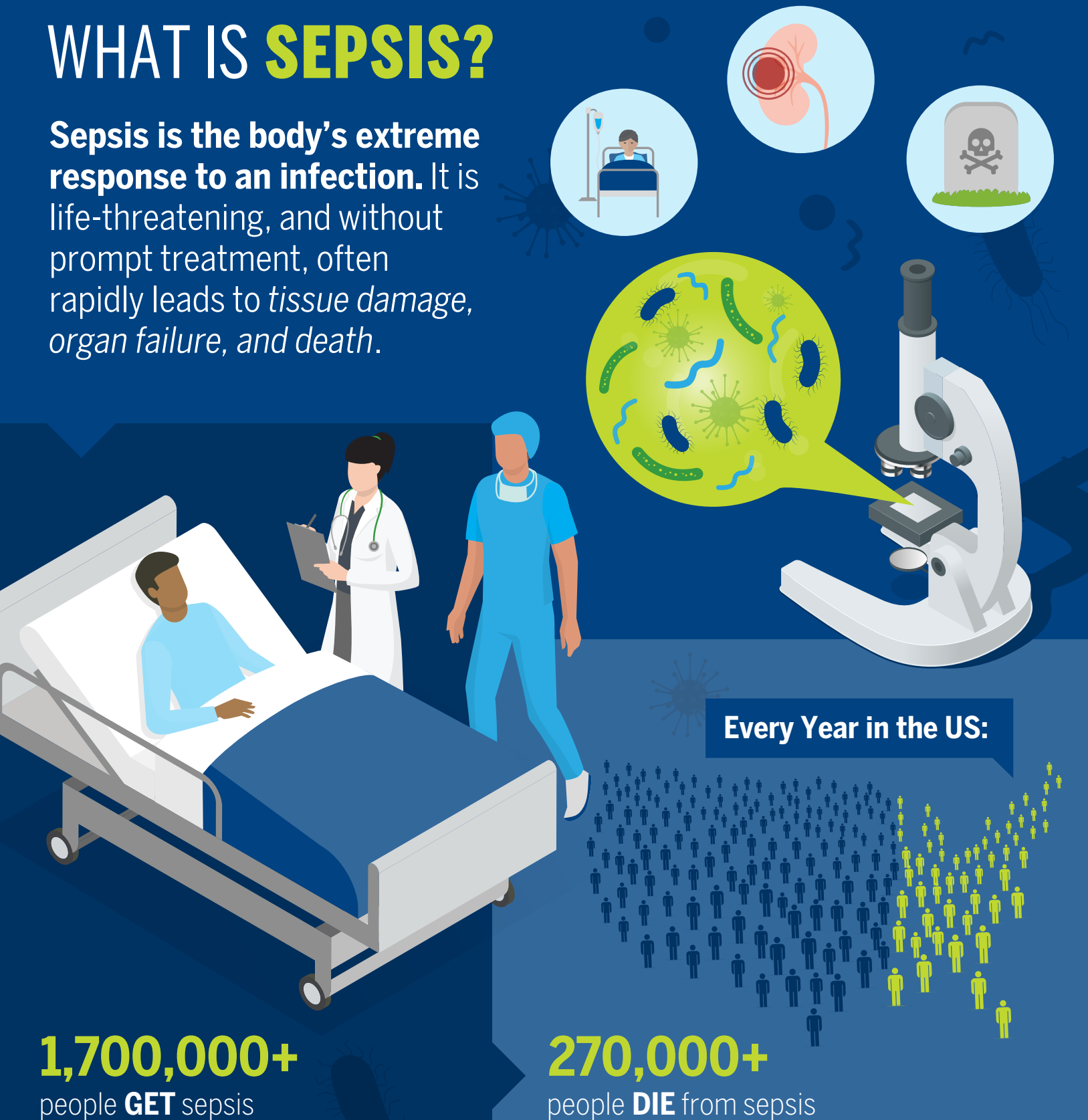




**PROTECT
YOURSELF &
THOSE YOU
LOVE FROM
SEPSIS**

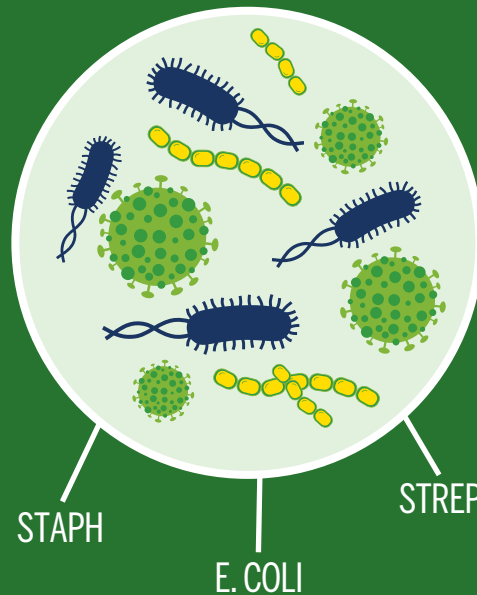
WHAT IS **SEPSIS**?

Sepsis is the body's extreme response to an infection. It is life-threatening, and without prompt treatment, often rapidly leads to *tissue damage, organ failure, and death.*

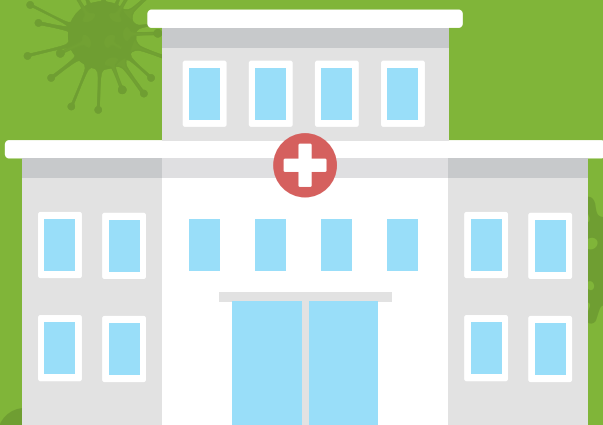


WHAT CAUSES SEPSIS?

Sepsis is **most commonly caused by bacteria**; however, it **can also be caused by viral infections** such as COVID-19 and the flu.



3
MOST
COMMON
BACTERIA



4 TYPES OF INFECTIONS
often linked to Sepsis

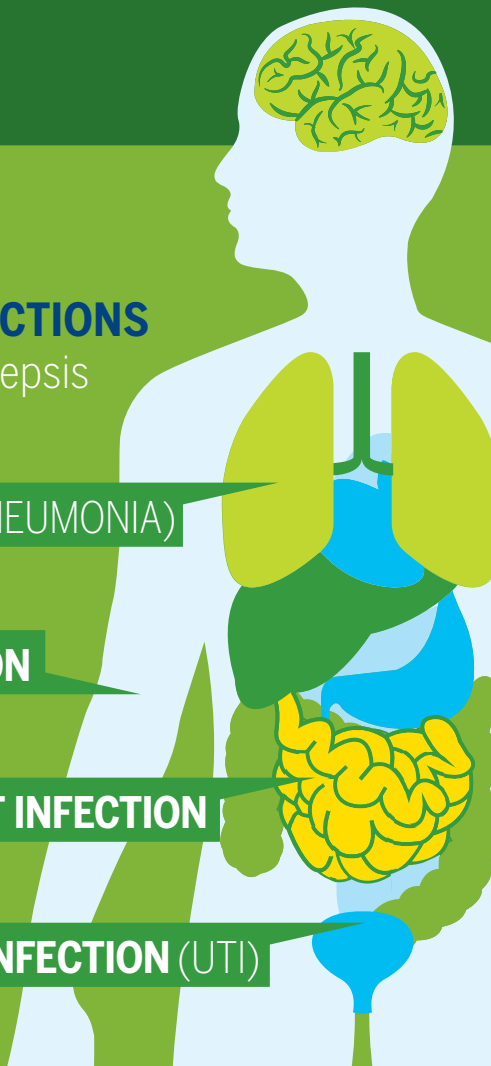
LUNG INFECTION (PNEUMONIA)

SKIN INFECTION

GUT INFECTION

URINARY TRACT INFECTION (UTI)

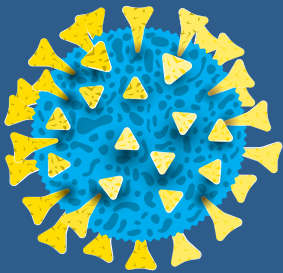
MORE THAN **70%**
of hospital acquired infections
(HAIs) **are resistant to at least one antibiotic**



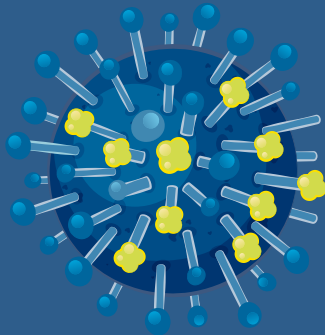
VIRAL & FUNGAL SEPSIS

Although less common, **viral and fungal infections** that can lead to sepsis include:

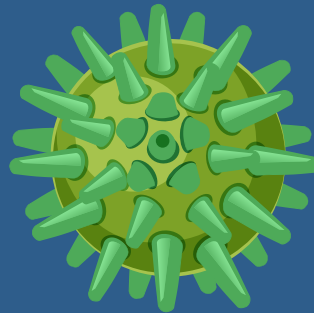
VIRAL



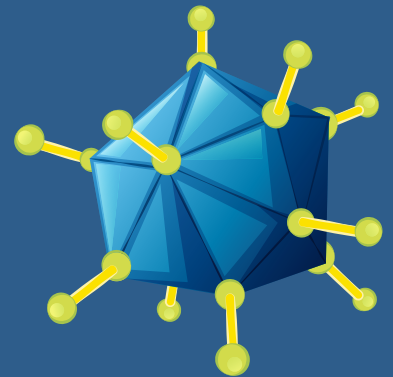
SARS-CoV-2



Influenza



Herpes

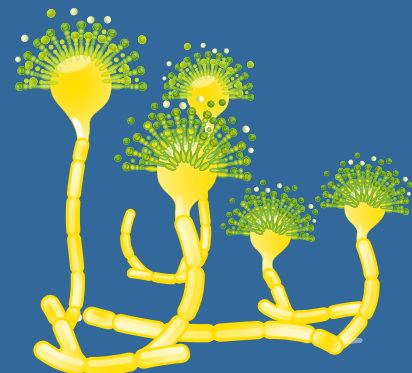


Adenovirus

FUNGAL



Candida



Aspergillus

WHO IS AT **RISK?**

Anyone can get an infection, and **almost any infection can lead to sepsis. Some people are at higher risk** of infection and sepsis:



People With Chronic Conditions
(Diabetes, Cancer, Lung Disease, or Kidney Disease)



People With Weakened Immune Systems



Sepsis Survivors
(People who have had sepsis in the past are more likely to develop sepsis in the future)



Adults 65+

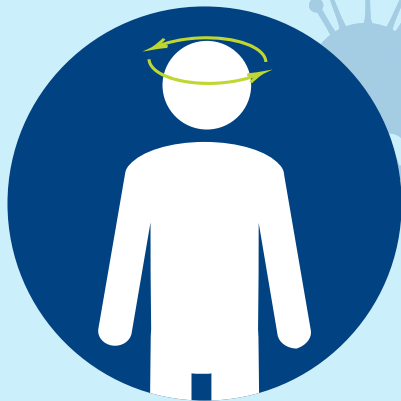


Children Younger Than 1 Year

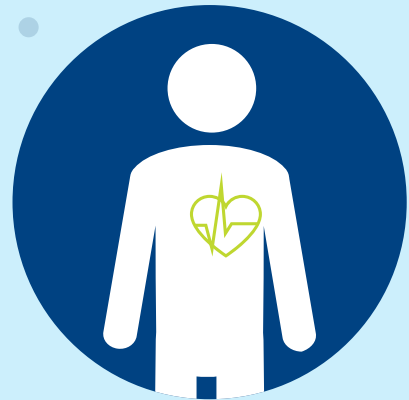


People with Recent Severe Illness or Hospitalization

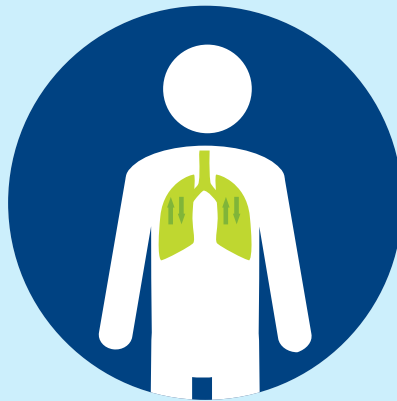
WHAT ARE THE **SYMPTOMS?**



Confusion/
Disorientation



High Heart Rate or
Low Blood Pressure



Shortness of Breath



Clammy or Sweaty



Fever, Shivering, or
Feeling Very Cold

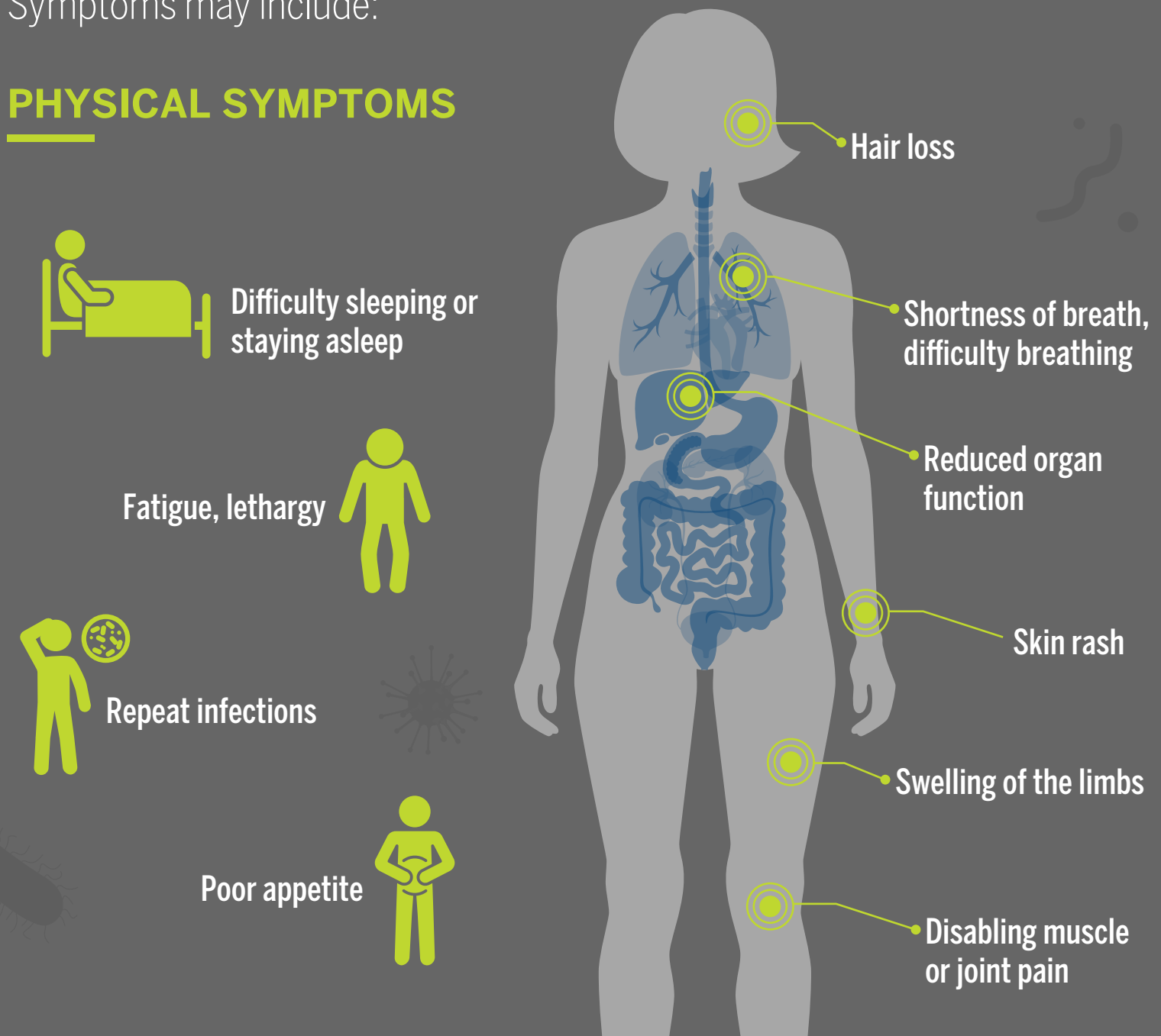


Pain/Discomfort

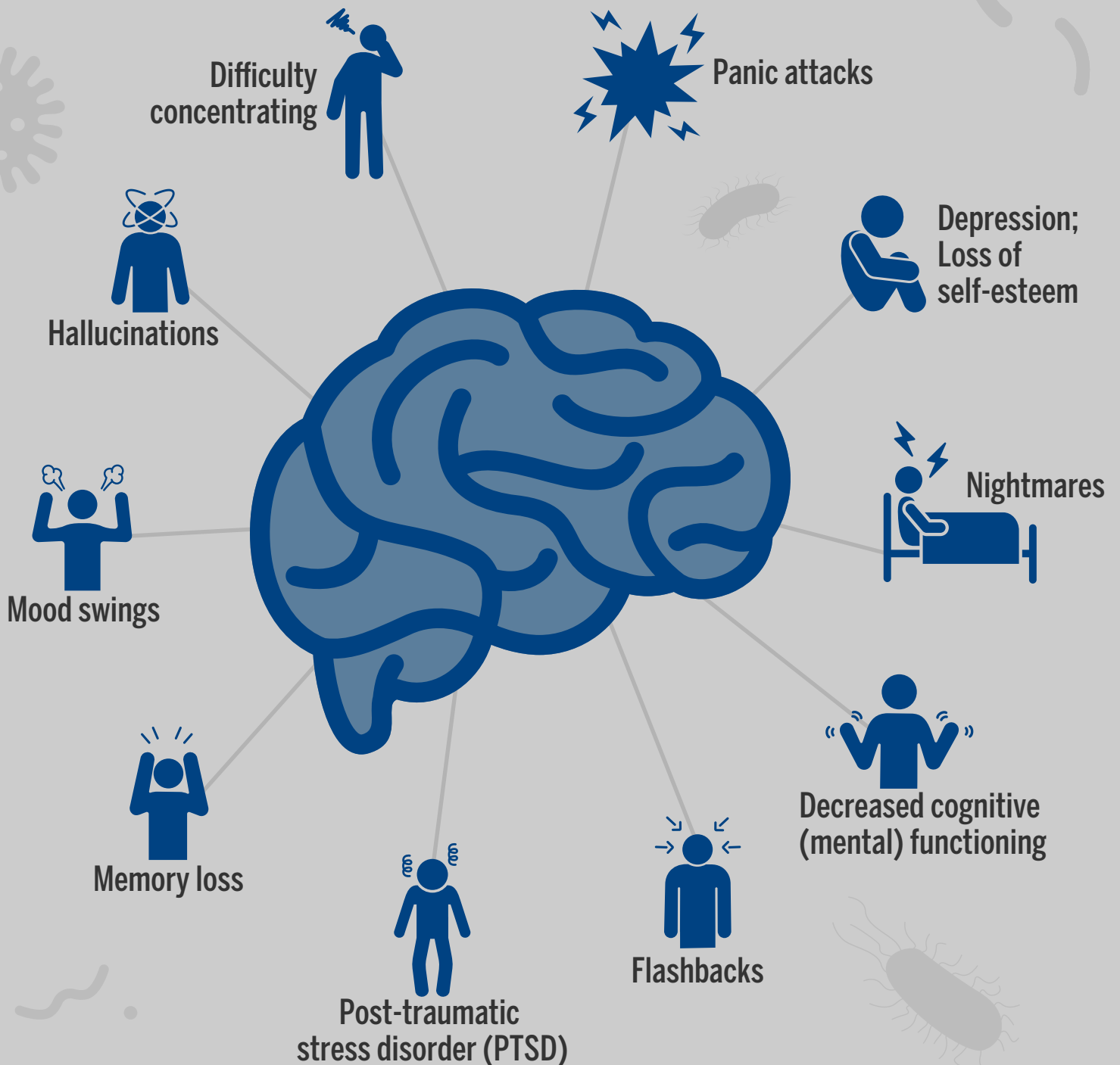
WHAT IS **POST-SEPSIS SYNDROME?**

Post-sepsis syndrome (PSS) consists of **physical and/or psychological long-term effects** that impact up to 50% of sepsis survivors. Symptoms may include:

PHYSICAL SYMPTOMS



PSYCHOLOGICAL SYMPTOMS





SOURCES

Centers for Disease Control and Prevention. (2020). Protect Your Patients from Sepsis. [online] Available at: https://www.cdc.gov/sepsis/pdfs/hcp/HCP_infographic_protect-your-patients-from-sepsis-P.pdf [Accessed 26 Jul. 2021].

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